

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Our Lady of the Alleghenies Residence at Garvey Manor 1037 South Logan Blvd. Hollidaysburg, PA 16648 814-695-5571</p>	<p>10:00 Mass in Chapel 1 10:30 Coffee Bar-1st FL GR 11:00 Senior Fitness+1st FL GR 1:30-2:30 Emmett the Dog Visits on LT 3:00 Bingo in LT DR 3:45 Rosary in Chapel 6:45 Country Folk Music Program in CH</p>	<p>AM Preparing Absentee Applications for Election Day 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:00-3:00 Art Gallery in CH 1:30 House Meeting in 1st FL GR 3:00 Logical Trick or Treating in 1st FL GR 3:45 Rosary in Chapel</p>	<p>AM Foot Doctor will be here. 3 Stay close to your room 10:00 Mass in Chapel 11:00 Stretch w/Shell-1st FL GR 1:30 HNA presents "Coronary Artery & Heart Failure"-1st FL GR 1:45 Bible Study in CH 3:45 Rosary in Chapel</p>	<p>AM Preparing Absentee Applications for Election Day 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:30 YMCA Presentation in CH 3:45 Rosary in Chapel</p>	<p>9:15 Table Topics-LT FR 5 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 2:30 -3:30 Oktoberfest in 1st FL GR 3:30 1st Friday Adoration, Divine Mercy Chaplet & Rosary in Chapel</p>	<p>10:00 Mass in Chapel 6 2:00 Trivia Fun w/Jean in 1st FL GR Penn State Bye Week</p>
<p>9:30 Mass in Chapel 7 1:00 Steelers vs. Atlanta Falcons on FOX on Big Screen in 1st FL GR 1:45 Protestant Worship in Chapel w/Rev. Madison 2:00 Word Game: German Heritage w/Jean in LT FR</p>	<p>Columbus Day 8 10:00 Making Apple Sauce in a Crock Pot 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 2:00 Bingo in 1st FL GR 3:45 Rosary in Chapel 4:00 Columbus Day Trivia-LT FR</p>	<p>9:15 Table Topics-LT FR 9 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:45 Christian Praise & Worship w/Lee & Carol in 1st FL GR 2:00 Atoona Story League-C1 3:00 What is Your Biggest Fear? in 1st FL GR 3:45 Rosary in Chapel 4:00 "Alexa Who?"-LT FR</p>	<p>9:15 "20 Questions"-LT FR 10 10:00 Mass in Chapel 11:00 Stretch w/Shell-1st FL GR 1:45 Anointing in CH 3:00 1st FL GR Delights & Drinks 3:45 Rosary in Chapel 4:00 Music Bingo-1st FL GR 6:45 Accordion Music w/Daniel in CH</p>	<p>10:00 Mass in Chapel 11 11:00 Senior Fitness with Friends in 1st FL GR 1:30 Play a Game with Friends-1st FL GR 3:45 Rosary in Chapel 4:00 Men's Club-TBA</p>	<p>9:15 Making Cookies-1st FL GR 12 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:45 Centenarians Social in CH 3:00 Divine Mercy Chaplet-LT FR 3:45 Rosary in Chapel</p>	<p>10:00 Mass in Chapel 13 2:00 Making Candy for Halloween in 1st FL GR TBA Penn State vs. Michigan State Spartans</p>
<p>9:30 Mass in Chapel 14 1:00 Steelers @ Cincinnati Bengals on CBS on Big Screen in 1st FL GR 2:00 Making Candy for Halloween in 1st FL GR</p>	<p>9:15 5 Second Rule-LT FR 15 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:30 Flinch in 1st FL GR 3:00 Bingo in LT DR 3:45 Rosary in Chapel</p>	<p>AM Maguire Visits 16 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR PM Maguire Visits 1:45 Protestant Worship in Chapel w/Rev. Jacobson 3:00 Religious Game of Cards w/Sr. Robert in 1st FL GR 3:45 Rosary in Chapel</p>	<p>10:00 Mass in Chapel 17 11:00 Stretch w/Shell-1st FL GR 1:30 Chocolate Chip Pumpkin Bars-1st FL GR 3:45 Rosary in Chapel 6:45 Evening Bingo w/students from St. Rosa Lima in CH</p>	<p>9:15 "Buzz Word"-LT FR 18 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:30 Fall Foliage Bus Ride-LT 3:45 Rosary in Chapel 4:00 Thinking Thursday-LT FR</p>	<p>9:15 Calendar Input Visits 19 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 11:30 Lunch to AKI Japanese Steak House 2:00 Manicures & Movie Matinee in 1st FL GR 3:00 Divine Mercy Chaplet-LT FR 3:45 Rosary in Chapel</p>	<p>10:00 Mass in Chapel 20 2:00 Italian American Heritage Discussion w/Jean in 1st FL GR TBA Penn State vs. Indiana Hoosiers</p>
<p>9:30 Mass in Chapel 21 2:00 Girlfriends & Fun w/Jean in 1st FL GR Steelers Bye Week</p>	<p>9:15 Fun Time w/the Girls-LT FR 22 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:30-2:30 Emmett the Dog Visits on 1st Floor 3:00 Bingo in LT DR 3:45 Rosary in Chapel</p>	<p>10:00 Mass in Chapel 23 11:00 Senior Fitness+1st FL GR 1:30 Shopping @EF Wal-Mart 3:45 Rosary in Chapel 4:00 Shiggles & Giggles- LT FR</p>	<p>9:15 Just Saying-LT FR 24 10:00 Mass in Chapel 11:00 Stretch w/Shell-1st FL GR 1:30 October Trios-1st FL GR 3:45 Rosary in Chapel 4:00 Simon Says...LT FR</p>	<p>9:15 Halloween Trivia-LT FR 25 10:00 Mass in Chapel 10:00 Blair Regional YMCA Pre-K Halloween Parade 11:00 Senior Fitness+1st FL GR 1:30 Fall foliage Bus Ride for 1st /2nd Floor 3:45 Rosary in Chapel</p>	<p>10:00 Mass in Chapel 26 11:00 Senior Fitness+ with Friends in 1st FL GR 1:45 Garvey Manor Pumpkin Pie Social & Pianist Recognition in CH 3:00 Divine Mercy Chaplet-LT FR 3:45 Rosary in Chapel</p>	<p>10:00 Mass in Chapel 27 2:00 Movie "Song of the South" in 1st FL GR TBA Penn State vs. Iowa Hawkeyes</p>
<p>9:30 Mass in Chapel 28 1:00 Steelers vs Cleveland Browns on CBS in 1st FL GR 3:30 Holy Hour in Chapel</p>	<p>9:15 "Alexa Who?"-LT FR 29 10:00 Mass in Chapel 11:00 Senior Fitness+1st FL GR 1:30 It's the Great Pumpkin Charlie Brown & Pumpkin Decorating Party 3:45 Rosary in Chapel 4:00 Shiggles & Giggles-LT FR</p>	<p>10:00 Mass in Chapel 30 11:00 Senior Fitness+1st FL GR 1:45 Christian Praise & Worship & Birthday Social special recognition of our Centenarians w/Lee & Carol in CH 3:45 Rosary in Chapel 4:00 Halloween in the Good Old Days- LT FR</p>	<p>10:00 Mass in Chapel 31 11:00 Stretch w/Shell-1st FL GR 2:00 Halloween Social in CH 3:45 Rosary in Chapel</p>	<p align="center">October Activities 2018</p> <p>Items are available in the cabinets in the 1st FL GR and the Library for residents and their families. The Library has books, audio books, and puzzles. Please sign out any and all items from the library and return the items you borrow. The Altoona Public Library has a homebound program with us and they pick up and drop off books typically the 2nd Tuesday of each month. See Michelle if you are interested. The Wii system is also available in the 1s FL GR as well as movies. Please watch activity boards daily for additions and surprises. 1st FL GR=1st Floor Great Room, LT=Loretto Terrace, LT DR= Loretto Terrace Dining Room, LT FR=Loretto Terrace Family Room & CH= Carmel Hall</p>		

*10:30 am Coffee Clutch in 1st FL GR